



**The Canadian Association for Play Therapy  
(CAPT) Certificate:**

***Responding to Trauma  
Using Play Therapy***

**Presented by:**

**Betty Bedard Bidwell PhD, CPT-S, Registered Art Therapist,  
Compassion Fatigue & Vicarious Trauma Trainer**

**Margot Sippel RP, CPT-S, Registered Art Therapist**

**Friday, Saturday and Sunday**

**May 4, 5 & 6, 2018 9:00 a.m. - 4:00 p.m.**

**DoubleTree Fallsview Resort & Spa by Hilton - Niagara Falls**

**Certificate Overview:**

New information on trauma enables us to understand its implications in a way that was not possible a decade ago. Both short term and longer treatment require an innovative approach. Play Therapy's innate flexibility makes it an excellent resource for many developmental levels.

In this Certificate program we will examine creative and neuroscientific methods for understanding and responding to trauma. Recent research also reminds us that the risk of vicarious trauma is very real and as therapists we need to be proactive about our own wellbeing.

## **Certificate Program Objectives:**

We will use recent research as a guide to:

- Explore the effects of trauma on the brain
- Become familiar with the body response to trauma
- Identify trauma response behaviours
- Begin to understand the long-term effects of trauma across the lifespan.
- Examine loss and bereavement
- Distinguish between trauma debriefing and trauma therapy
- Become familiar with both short and long-term treatment approaches, with a focus on play therapy
- Explore the role of art therapy, play therapy and animal assisted therapy
- Identify the power of symbol and metaphor (inherent in play therapy) in communication and the therapeutic process
- Explain directive play therapy and its use in trauma debriefing
- Examine the risks of vicarious trauma for psychotherapists and strategize for safety of both client and therapist.

### **Betty Bedard Bidwell PhD, CPT-S, Registered Art Therapist, Compassion Fatigue & Vicarious Trauma Trainer**

Dr. Bedard Bidwell is a Registered Psychotherapist with the Ontario College of Psychotherapy, a Registered Art & Play Psychotherapist Supervisor, and a Trauma and Loss Consultant Supervisor. She is the only dual American and Canadian registered Art and Play therapist with this level of credentials in Canada. Recently, Dr. Bedard Bidwell has completed her Animal Assistant Therapy certification, supporting the therapeutic use of pets in her private practice. She has received many awards two of which are the recipient of the TLC Supervisor of the Year Award and the 2001 Premier's Award. Dr. Bedard Bidwell was the co-founder as well as the coordinator/instructor at the University of Western Ontario in the Art and Play Therapy Program and she has presented workshops across Canada and the United States. She edited and coauthored Hand in Hand 1 - Practical Application of Art and Play Therapy and Hand in Hand 11 - Art and Play Therapist Treasurer Chest, and is published in numerous journals.

Dr. Bedard Bidwell is certified as a Compassion Fatigue Trainer, Resiliency Trainer, as well as a Life Skill Coach Trainer. Dr. Bedard Bidwell has been the owner/operator of Betamarsh Incorporated, a residential and foster care agency, and a treatment foster parent herself for over 30 years.

## Margot Sippel RP, CPT-S, Registered Art Therapist

Margot Sippel is a Registered Psychotherapist with the Ontario College of Psychotherapy. She is a Certified Play Therapist and Supervisor with CAPT, as well as a Registered Art Therapist. During her 35 years of teaching and supervising in the School of Health Sciences and Human Services at Fanshawe College in London, Margot frequently organized and led field placements in Central America with inter-professional teams utilizing play and art therapy.

Upon retiring, Margot became the first female Professor Emeritus at Fanshawe. Margot maintains a private practice and presently is the Art Therapist on the Psychiatric Unit in Goderich.

This course will be presented at a Masters Degree level.

For more information please contact: [Elizabeth@cacpt.com](mailto:Elizabeth@cacpt.com)

**CAPT CANCELLATION POLICY:** You may cancel without penalty if written cancellation requests are received up to and including 20 days prior to the start of the training. Due to financial obligations incurred by the CAPT, a credit less 50% of the registration fee will be issued for written requests received up to and including 15 days prior to the start of the training. No refunds or credits will be issued on cancellation requests received less than 15 days prior to the start of the training. For more information, call the CAPT office at 519 827 1506.

**Certificate of Completion:** A Foundation Training Certificate of Completion will be provided based on attendance and successful completion of a student evaluation component. The Foundation Training Certificate of Completion can be used towards CAPT purposes for Foundation Play Therapy Training for Certification as a Certified Play Therapist (CPT) or Certified Play Therapist Associate (CPT-A).



18 Contact Hours - Theory & Approaches  
CAPT Play Therapy Credits



18 Contact Hours APT Approved Provider 00-083